

Healthcare University

Long Term Goals

Long term goals are ones that you want to achieve in the future. There can be yearly, 5 years, or more.

You may have several long term goals you want to achieve.

Long term goals:

1. _____

2. _____

3. _____

4. _____

5. _____

Time frame: _____

Use short term goal sheet to support your long term goals.

Steps to achieving my goals:

1. _____

2. _____

3. _____

4. _____

5. _____

Challenges to my goal and action plan to overcome those challenges.

1. _____

Action plan: _____

2. _____

Action plan: _____

3. _____

Action Plan: _____

When I achieve my goal I will feel:
